

## 7. TRASTORNOS DEL SUEÑO

Escala	Referencia artículo escala	Artículo validación inglés	Artículo validación español	PDF adjunto
<b>Sleep Disturbance Scale for Children (SDSC)</b>	Bruni, O., Ottaviano, S., Guidetti, V., Romoli, M., Innocenzi, M., Cortesi, F., & Giannotti, F. (1996). The Sleep Disturbance Scale for Children (SDSC). Construction and validation of an instrument to evaluate sleep disturbances in childhood and adolescence. <i>J Sleep Res</i> , 5(4), 251-261. doi:10.1111/j.1365-2869.1996.00251.	Bruni, O., Ottaviano, S., Guidetti, V., Romoli, M., Innocenzi, M., Cortesi, F., & Giannotti, F. (1996). The Sleep Disturbance Scale for Children (SDSC). Construction and validation of an instrument to evaluate sleep disturbances in childhood and adolescence. <i>J Sleep Res</i> , 5(4), 251-261. doi:10.1111/j.1365-2869.1996.00251.	No validada	Sí, en español
<b>Pittsburgh Sleep Quality Index (PSQI)</b>	Buysse, D. J., Reynolds, C. F., 3rd, Monk, T. H., Berman, S. R., & Kupfer, D. J. (1989). The Pittsburgh Sleep Quality Index: a new instrument for psychiatric practice and research. <i>Psychiatry Res</i> , 28(2), 193-213. doi:10.1016/0165-1781(89)90047-4	Backhaus, J., Junghanns, K., Broocks, A., Riemann, D., & Hohagen, F. (2002). Test-retest reliability and validity of the Pittsburgh Sleep Quality Index in primary insomnia. <i>J Psychosom Res</i> , 53(3), 737-740. doi:10.1016/s0022-3999(02)00330-6	Macías, J. A., & Royuela, R. (1996). La versión española del Índice de Calidad de Sueño de Pittsburgh. <i>Informaciones Psiquiátricas</i> , 146, 465-472.	Sí, en español
<b>Pediatric Sleep Questionnaire (PSQ)</b>	Chervin, R. D., Hedger, K., Dillon, J. E., & Pituch, K. J. (2000). Pediatric sleep questionnaire (PSQ): validity and reliability of scales for sleep-disordered breathing, snoring, sleepiness, and behavioral problems. <i>Sleep Med</i> , 1(1), 21-32. doi:10.1016/s1389-9457(99)00009-x	Chervin, R. D., Hedger, K., Dillon, J. E., & Pituch, K. J. (2000). Pediatric sleep questionnaire (PSQ): validity and reliability of scales for sleep-disordered breathing, snoring, sleepiness, and behavioral problems. <i>Sleep Med</i> , 1(1), 21-32. doi:10.1016/s1389-9457(99)00009-x	Tomás Vila, M., Miralles Torres, A., & Beseler Soto, B. (2007). Spanish version of the Pediatric Sleep Questionnaire (PSQ). A useful instrument in investigation of sleep disturbances in childhood. Reliability analysis. (Vol. 66). Barcelona: An Pediatr	Sí, en español