

**a.1) Gravedad y seguimiento de síntomas:**

Escala	Referencia artículo escala	Artículo validación inglés	Artículo validación / adaptación español	PDF
<b>Yale-Brown Cornell Obsessive-Compulsive Scale (Y-BOCS)</b>  (Gold Stándard de TOC adulto)	Goodman, W.K., Price, L.H., Rasmussen, S.A., Mazure, C., Fleischmann, R.L., Hill, C. L., Heninger, G.R., & Charney, D.S. (1989)The Yale-Brown Obsessive Compulsive Scale. I. Development, Use, and Reliability. Arch Gen Psychiatry, 46(11):1006-11	Goodman, W.K., Price, L.H., Rasmussen, S.A., Mazure, C., Fleischmann, R.L., Hill, C. L., Heninger, G.R., & Charney, D.S. (1989)The Yale-Brown Obsessive Compulsive Scale. I. Development, Use, and Reliability. Arch Gen Psychiatry, 46(11):1006-11	Sal y Rosas, H.J., Vega Dienstmaier, J.M., Mazzotti Suarez, G., Vidal, H., Guimas, B., Adrianzén, C., & Vivar, R. (2002).Validación de una versión en español de la Escala Yale-Brown para el trastorno Obsesivo-Compulsivo. Actas Españolas de Psiquiatría, 30(1):30-5.	Sí, en inglés  <a href="https://iocdf.org/wp-content/uploads/2016/04/04-Y-BOCS-w-Checklist.pdf">https://iocdf.org/wp-content/uploads/2016/04/04-Y-BOCS-w-Checklist.pdf</a>
<b>Children -Yale-Brown Obsessive-Compulsive Scale (CY-BOCS)</b>  (Versión de la YBOCS pero para niños)	Scahill L, Riddle MA, McSwiggin-Hardin, S. I. Ort, R. King, A., Goodman, W.K., Cicchetti, D., & Leckman, J.F.(1997). Children's Yale-Brown Obsessive Compulsive Scale: reliability and validity. Journal of the American Academy of Child and Adolescent Psychiatry, 36(6):844-852.	Scahill L, Riddle MA, McSwiggin-Hardin, S. I. Ort, R. King, A., Goodman, W.K., Cicchetti, D., & Leckman, J.F.(1997). Children's Yale-Brown Obsessive Compulsive Scale: reliability and validity. Journal of the American Academy of Child and Adolescent Psychiatry, 36(6):844-852.	Ulloa, R. E., de la Pena, F., Higuera, F., Palacios, L., Nicolini, H., & Avila, J.M. (2004) Validity and reliability of the Spanish version of Yale-Brown obsessive-compulsive rating scale for children and adolescents. Actas Españolas de Psiquiatría,32(4):216-221.	Si, en español
<b>Dimensional Yale-Brown Obsessive-Compulsive Scale (DY-BOCS)</b>	Rosario-Campos, M C., E C Miguel, E.C., Quatrano, S., Chacon, P., Ferrao, Y., Findley, D., Katsovich, L., Scahill, L., King, R. A., Woody, S. R., Tolin, D., Hollander, E., Kano, Y., & Leckman, J. F. (2006). The Dimensional Yale-Brown Obsessive-Compulsive Scale (DY-BOCS): An Instrument for Assessing Obsessive	Pertusa, A., Fernández de la Cruz, L., Alonso, P., Menchón, J.M., & Mataix-Cols, D. (2012). Independent validation of the dimensional Yale-Brown obsessive-compulsive scale (DY-BOCS). Eur Psychiatry, 27(8):598-604. doi: 10.1016/j.eurpsy.2011.02.010.	Pertusa, A., Jaurrieta, N., Real, <i>Esta escala, adaptada de población adulta, se encuentra validada en población española infanto-juvenil en:</i>  Garcia-Delgar, B., Ortiz, A.E., Morer, A., Alonso, P., do Rosario, M.C., & L. Lazaro (2016). <i>Validation of the spanish version of the Dimensional Yale- Brown Obsessive-compulsive</i>	No

	Compulsive Symptom Dimensions. <i>Mol Psychiatry</i> , 11(5):495-504. doi:10.1038/sj.mp.4001798.		<i>Scale (DYBOCS) in children and adolescents. Comprehensive Psychiatry</i> , 68: 156-164.	
<b>Body Dysmorphic Disorder modification of the Y-BOCS (BDD-YBOCS)</b>  (Escala de Dismorfofobia)  (Es de adultos pero se puede usar en adolescentes, hay papers que la usan en adolescentes)	Phillips, K.A., Hollander, E., Rasmussen, S.A., Aronowitz, B.R., DeCaria, C., & Goodman, WK. (1997). A severity rating scale for body dysmorphic disorder: development, reliability, and validity of a modified version of the Yale-Brown Obsessive Compulsive Scale. <i>Psychopharmacol Bull</i> , 33:17-22.	Phillips, K.A., Hollander, E., Rasmussen, S.A., Aronowitz, B.R., DeCaria, C., & Goodman, WK. (1997). A severity rating scale for body dysmorphic disorder: development, reliability, and validity of a modified version of the Yale-Brown Obsessive Compulsive Scale. <i>Psychopharmacol Bull</i> , 33:17-22.	No validada	Sí, en inglés <a href="http://www.veale.co.uk/wp-content/uploads/2010/11/BDD-YBOCS-Adult.pdf">http://www.veale.co.uk/wp-content/uploads/2010/11/BDD-YBOCS-Adult.pdf</a>
<b>Yale-Brown-Cornell Eating Disorder Scale Self Report Questionnaire (YBC-EDS-SRQ)</b>  (Escala que mide obsesividad en Anorexia Nerviosa)	Mazure, CM., Halmi, K.A., Sunday S,R., Romano S,J., & Einhorn A.M.(1994) The YaleBrown-Cornell Eating Disorder Scale: development, use, reliability and validity. <i>Journal of psychiatric research</i> , 28(5):425-445.  <i>(Esta es la primera versión: YBC-EDS heteroadministrada)</i>	Bellace D,L., Tesser, R., Berthod, S., Wisotzke, K., Crosby, R.D., Crow S.J., Engel, S.G., Le Grange, D., Mitchell, J.E., Peterson, C.B., Simonich, H.K., Wonderlich, S.A., & Halmi, K.A. (2012) The Yale-Brown-Cornell eating disorders scale self-report questionnaire: a new, efficient tool for clinicians and researchers. <i>The International journal of eating disorders</i> 2012;45(7):856-860.  <i>(Posteriormente se creó una versión autoadministrada "self report" que está validada en español (ver siguiente casilla). No validada en infantil.</i>	Perpina, C., Giraldo-O'Meara, M., Roncero, M., & Martinez-Gomez, M.(2015). Confirmatory factor analysis and psychometric properties of the Yale-Brown-Cornell Eating Disorders Scale Self-Report version (SR-YBC-EDS) in Spanish clinical and nonclinical samples. <i>Eating behaviors</i> ,17:6-9.  <i>(Versión adaptada al español de la YBC-EDS-SRQ). No validada en infantil.</i>	Sí (castellano)